

**Amenities, Programs and Facilities,
in the surrounding area,
many within walking distance**

Banks:

- BMO, Walkers and Upper Middle, SE corner
- TD Canada Trust, Millcroft Centre
- Scotiabank, Walkers & Upper Middle, NW corner
- RBC, Wm O'Connell strip mall
- CIBC, Walkers and Dundas, SW corner

Chiropractor and Massage Therapist:

- Millrose Chiropractic, Wm O'Connell Blvd strip mall
- Nature's Emporium plaza

Dentists:

- Millcroft Dental Centre, Millcroft Centre
- Houston Dental, Walkers & Upper Middle, NW corner
- Upper Middle Dental, Walkers & Upper Middle, SW corner
- Appleby Dental, 4300 Upper Middle
- 2025 Dental, Wm O'Connell Blvd strip mall

Doctors/Walk In Clinics:

- Upper Appleby Prof. Centre, Appleby & Upper Middle, SW corner
- Halton Family Health, Walkers & Dundas, SE corner
- Walk in Clinic, Walkers & Upper Middle, SE corner – accepting new patients

Dry Cleaners:

- Stitch Plus Clean, Nature's Emporium plaza
- Spotless, William O'Connell Blvd strip mall
- Spotless, Millcroft Centre
- Spotless, Walkers & Upper Middle, SW corner

Fitness Clubs:

- Energy Yoga and Fitness, Wm O'Connell Blvd strip mall
- Curves, Walkers & Upper Middle, NW corner
- LA Fitness, Appleby and Dundas
- Movati, Millcroft Centre

Grocery Store:

- Freshco, Walkers and Upper Middle
- Metro, Millcroft Centre
- Longos, Walkers and Dundas
- Nature's Emporium, Upper Middle and Itabashi
- Fortinos, Appleby and Dundas, SE Corner

Hair Salon:

- Venere Salon and Spa, Millcroft Centre
- Supercuts, Millcroft Centre
- All About You, Wm O'Connell strip mall
- Hair Xtacy, Upper Appleby Professional Center

Jo Brant Wellness House:

- physio, rehab, dialysis unit, etc., 2160 Itabashi Way

Optometrist:

- Dr. Joanne Monteiro, Upper Appleby Prof. Centre, SW Corner
- Dr. Patricia Fink, Millcroft Centre

Orthotics:

- Millcroft Orthotic Centre, Millcroft Centre
- Burlington Orthotic Centre, Walkers and Upper Middle, SW Corner
- Wilson Foot Clinic, 2409 Walkers Line at Darien
- Millrose Chiropractic, Wm O'Connell Blvd strip mall

Pharmacy:

- Shoppers Drug Mart, Walkers & Upper Middle, NW corner
- Shoppers Drug Mart, Millcroft Centre
- Metro, Millcroft Centre
- Longos, Walkers and Dundas, SW corner
- Lotus IDA Pharmacy, Tansley Woods residence

Physiotherapy:

- Complimentary Physiotherapy, 4300 Upper Middle
- Dynamic Physiotherapy, Walkers & Upper Middle, NW corner

Restaurants:

- Tin Cup Sports Bar & Grill, Walkers and Upper Middle
- Eastside Mario's, Millcroft Centre
- Anchor Bar, Millcroft Centre
- Ben Thanh Vietnamese Thai Cuisine, Millcroft Centre
- Sushi Asano, Millcroft Centre
- Beertown, Millcroft Centre
- Hibachi, Appleby & Upper Middle, SW corner
- Industria, Appleby & Upper Middle, SW corner
- Swiss Chalet, Appleby and Upper Middle, SW Corner
- Turtle Jacks, Appleby and Upper Middle, SW Corner

Tansley Woods Recreation Centre:

- pool
- gym
- library
- meeting rooms
- fitness classes

Veterinarian:

- Tansley Woods Vet Hospital, Wm O'Connell strip mall
- Headon Forest Animal Hospital, Walkers and Dundas, SW corner
- Orchard Animal Hospital, Millcroft Centre

Other stores in the Millcroft Centre:

- Canadian Tire
- LCBO
- The Beer Store
- Mark's
- UPS Store

Burlington Newcomers Club:

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(* Please note that this is not an endorsement in any way)